

Location




Free Registration

Sponsored by Cedars-Sinai Orthopedic Center, this special event is open to the public and is free of charge. Parents, coaches and students are all welcome to attend. Seating is limited, and advance registration is required.

To register, please visit www.cedars-sinai.edu/game or call 1-800-CEDARS-1.

Conference Location
Cedars-Sinai Medical Center
Harvey Morse Auditorium
South Tower, Plaza Level
Los Angeles, CA 90048

Parking:
Complimentary self-parking for conference attendees is available in Cedars-Sinai Medical Center parking lots 1, 2, 4 and 7.

 We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you.

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CEDARS-SINAI MEDICAL CENTER
Orthopedic Center
444 S. San Vicente Blvd., Suite 603
Los Angeles, CA 90048



Keep Your Child in the Game

Free community conference on preventing injury and maximizing performance in the high school athlete

**Thursday, October 5, 2006
7 to 9 p.m.**

**Cedars-Sinai Medical Center
Harvey Morse Auditorium
Los Angeles, California**

 **CEDARS-SINAI MEDICAL CENTER**
Orthopedic Center

Is Your Student Athlete at Risk?

High school athletes face both psychological pressure and risk of sports injury. Find out what you can do to help your child stay in the game both physically and emotionally. Prominent leaders of L.A.-area high school athletic programs, top orthopedic surgeons and author Dr. Madeline Levine provide answers to pressing questions about adolescents and sports:

- **What are the top five adolescent sports injuries?**
- **Is your child "overscheduled"?**
- **How can your child balance stress, sports and academics?**
- **Are high performance supplements safe?**
- **Do female athletes need special training?**
- **Is weightlifting right for your 13-year-old?**
- **Is your child overtraining or not training enough?**

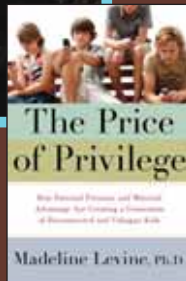
These topics and more are covered in a free public event at Cedars-Sinai Medical Center.



Special Guest Speaker: Dr. Madeline Levine



Madeline Levine, PhD, has been a practicing clinical psychologist in Marin County for the past 25 years. She is the best-selling author of *The Price of Privilege*, in which she identifies practices that have contributed to epidemic levels of depression, anxiety and substance abuse in adolescents.



A frequent lecturer on child and adolescent issues, she lives in California with her husband and three sons.



Agenda

7 p.m.	Opening Remarks William W. Brien, MD <i>Director Cedars-Sinai Orthopedic Center</i>	8:05 p.m.	Stress and the High School Athlete Madeline Levine, PhD <i>Psychologist and Author</i>
7:05 p.m.	High School Sports Injuries: Should You Be Worried? Glenn B. Pfeffer, MD <i>Director, Foot and Ankle Center Cedars-Sinai Orthopedic Center</i>	8:20 p.m.	Preventing Injury: A Panel Discussion with the Experts Robert Bernstein, MD <i>Director, Pediatric Orthopedic Surgery Cedars-Sinai Orthopedic Center</i> William Hohl, MD <i>Associate Director, Pediatric Orthopedic Surgery Cedars-Sinai Orthopedic Center</i> Glenn B. Pfeffer, MD
7:20 p.m.	Maximizing Performance Audrius Barzdukas <i>Head of Athletics Harvard-Westlake School</i>		
7:35 p.m.	Avoiding Training Errors: How to Stay in the Game Nathaniel S. Badder <i>Assistant Athletic Director Brentwood School</i>		
7:50 p.m.	Safety on the Field Jason Newman <i>Head Golf Coach Beverly Hills High School</i>	8:50 p.m.	Question and Answer Session

Speakers, topics and times subject to change.